

Employee Self-Screening Questionnaire

Before coming in to work each day, employees should do a self-check of their own health. Ask yourself the following questions:

1. Do you have any of the following symptoms, which are not related to a pre-existing illness or health condition (such as seasonal allergies)?

Illnesses include:

- fever;
- cough;
- shortness of breath;
- difficulty breathing;
- sore throat; or
- runny nose.

2. Have you traveled outside Canada in the last 14 days?
3. Have you had close contact with a person who has been tested and is confirmed positive for COVID-19?

Close contact is defined as:

- providing care for the patient;
- living with or having prolonged close contact with the COVID-positive person when they were ill; or
- having direct contact with the infectious bodily fluids (e.g. coughed or sneezed on) of the COVID-positive person while not wearing personal protective equipment.

4. Have you had close contact (as defined in question 3) with a person with an acute respiratory illness and this ill person had either:
 - travelled outside Canada in the 14 days before their symptoms began; or
 - had close contact with a person who has been tested and is confirmed positive for COVID-19.

If you answered YES to any of these questions, please return home, complete the AHS online self-assessment (www.ahs.ca/covid) and contact your supervisor.

If you answered NO to all of these questions, you can attend work as usual, while practicing physical distancing, good hand hygiene and not touching your face.